

October 2018- JAMS/ HS Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<u>1</u> Breakfast Pizza*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>2</u> Pancake on a Stick*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>3</u> Egg Wrap* Sausage Patty-(P) Salsa or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>4</u> Mini Waffles- Maple* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>5</u> Breakfast Sandwich*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit
<u>8</u> Mini Pancakes* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>9</u> Brkfst Bites*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>10</u> Cheese Omelet* Sausage Patty-(P) Toast or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>11</u> Mini French Toast- Choco Chip* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>12</u> Sausage Biscuit & Gravy*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit
<u>15</u> Breakfast Pizza*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>16</u> Pancake on a Stick*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>17</u> Egg Wrap* Sausage Patty-(P) Salsa or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>18</u> Mini Waffles- Maple* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>19</u> Breakfast Sandwich*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit
<u>22</u> Mini Pancakes* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal	<u>23</u> Brkfst Bites*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal	<u>24</u> Cheese Omelet* Sausage Patty-(P) Toast or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar*	<u>25</u> Mini French Toast- Choco Chip* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar*	<u>26</u> Sausage Biscuit & Gravy*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal

Juice Milk* Fruit	Juice Milk* Fruit	Included with each Meal Juice Milk* Fruit	Included with each Meal Juice Milk* Fruit	Juice Milk* Fruit
<p align="center"><u>29</u> Breakfast Pizza*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit</p>	<p align="center"><u>30</u> Pancake on a Stick*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit</p>	<p align="center"><u>31</u> Egg Wrap* Sausage Patty-(P) Salsa or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit</p>		

*Menu Subject to Change